

Statistics Report 09370, Peaches, canned, heavy syrup, drained

Report Date: October 11, 2015 17:56 EDT

Nutrient values and weights are for edible portion.

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Proximates													
Water ^{2 5}	g	80.62	--	0.115	80.3	80.92	1.0	79.154	82.076	2	Analytical or derived from analytical	--	11/2009
Energy	kcal	72	--	--	--	--	--	--	--	--	Calculated or imputed	--	11/2009
Energy	kJ	303	--	--	--	--	--	--	--	--	Calculated or imputed	--	11/2009
Protein ²	g	0.52	--	0.015	0.49	0.54	2.0	0.454	0.586	1	Analytical or derived from analytical	--	11/2009
Total lipid (fat) ²	g	0.18	--	0.101	0.05	0.38	2.0	-0.257	0.617	1	Analytical or derived from analytical	--	11/2009
Ash ²	g	0.26	--	0.015	0.23	0.28	2.0	0.194	0.326	1	Analytical or derived from analytical	--	11/2009
Carbohydrate, by difference	g	18.43	--	--	--	--	--	--	--	--	Calculated or imputed	--	11/2009
Fiber, total dietary ²	g	1.2	--	0.483	0.3	1.9	2.0	-0.87	3.287	1	Analytical or derived from analytical	--	11/2009
Sugars, total	g	14.66	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	01/2010

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Sucrose 2 5	g	3.95	--	0.664	2.56	4.75	1.0	-4.488	12.39	2	Analytical or derived from analytical	--	11/2009
Glucose (dextrose) 2 5	g	5.82	--	0.429	5.2	6.46	1.0	0.363	11.269	2	Analytical or derived from analytical	--	11/2009
Fructose 2 5	g	3.45	--	0.054	3.37	3.6	1.0	2.763	4.139	2	Analytical or derived from analytical	--	11/2009
Lactose 2	g	0.00	--	0.000	0	0	--	--	--	1	Analytical or derived from analytical	--	11/2009
Maltose 2 5	g	1.44	--	0.105	1.21	1.58	1.0	0.111	2.779	2	Analytical or derived from analytical	--	11/2009
Galactose 2	g	0.00	--	0.000	0	0	--	--	--	1	Analytical or derived from analytical	--	11/2009
Minerals													
Calcium, Ca	mg	3	--	--	--	--	--	--	--	--	Calculated or imputed	09241	12/2002
Iron, Fe	mg	0.27	--	--	--	--	--	--	--	--	Calculated or imputed	09241	12/2002
Magnesium, Mg	mg	5	--	--	--	--	--	--	--	--	Calculated or imputed	09241	12/2002
Phosphorus, P	mg	12	--	--	--	--	--	--	--	--	Calculated or imputed	09241	12/2002
Potassium, K	mg	94	--	--	--	--	--	--	--	--	Calculated or imputed	09241	12/2002
Sodium, Na	mg	6	--	--	--	--	--	--	--	--	Calculated or imputed	09241	12/2002
Zinc, Zn	mg	0.09	--	--	--	--	--	--	--	--	Calculated or imputed	09241	12/2002

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Copper, Cu	mg	0.063	--	--	--	--	--	--	--	--	Calculated or imputed	09241	12/2002
Selenium, Se 2	µg	0.0	--	--	0	0	1.0	--	--	1	Analytical or derived from analytical	--	11/2009
Fluoride, F 6 7 8 9 10 11	µg	6.8	--	0.371	3.9	8	12.0	5.987	7.605	6	Analytical or derived from analytical	--	05/2006
Vitamins													
Vitamin C, total ascorbic acid 2	mg	0.7	--	0.000	0.7	0.7	--	--	--	1	Analytical or derived from analytical	--	11/2009
Thiamin 2	mg	0.020	--	0.006	0.02	0.03	2.0	-0.003	0.044	1	Analytical or derived from analytical	--	11/2009
Riboflavin 2	mg	0.020	--	0.000	0.02	0.02	--	--	--	1	Analytical or derived from analytical	--	11/2009
Niacin 2	mg	0.625	--	0.017	0.59	0.65	2.0	0.553	0.697	1	Analytical or derived from analytical	--	11/2009
Pantothenic acid 2	mg	0.024	--	0.001	0.02	0.02	2.0	0.021	0.027	1	Analytical or derived from analytical	--	11/2009
Vitamin B-6 2	mg	0.013	--	0.001	0.01	0.02	2.0	0.008	0.018	1	Analytical or derived from analytical	--	11/2009
Folate, total 2	µg	9	--	1.967	7	13	2.0	0.436	17.364	1	Analytical or derived from analytical	--	11/2009
Folic acid	µg	0	--	--	--	--	--	--	--	--	Assumed zero	--	12/2002

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Folate, food	µg	9	--	1.967	7	13	2.0	0.436	17.364	1	Analytical or derived from analytical	--	11/2009
Folate, DFE	µg	9	--	--	--	--	--	--	--	--	Calculated or imputed	--	01/2010
Choline, total ²	mg	3.8	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/2006
Betaine ²	mg	0.3	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/2006
Vitamin B-12	µg	0.00	--	--	--	--	--	--	--	--	Assumed zero	--	12/2009
Vitamin B-12, added	µg	0.00	--	--	--	--	--	--	--	--	Assumed zero	--	09/2004
Vitamin A, RAE ^{1 2 3}	µg	31	--	11.389	8	54	2.0	-17.722	80.283	3	Analytical or derived from analytical	--	11/2009
Retinol	µg	0	--	--	--	--	--	--	--	--	Assumed zero	--	12/2002
Carotene, beta ^{1 2 3}	µg	333	--	148.612	60	625	2.0	-306.758	972.091	3	Analytical or derived from analytical	--	11/2009
Carotene, alpha ^{2 3}	µg	0	--	0.000	0	0	--	--	--	2	Analytical or derived from analytical	--	11/2009
Cryptoxanthin, beta ^{1 2 3}	µg	85	--	51.886	16	295	2.0	-137.844	308.655	3	Analytical or derived from analytical	--	11/2009
Vitamin A, IU ^{1 2 3}	IU	626	--	227.779	168	1,081	2.0	-354.437	1605.669	3	Analytical or derived from analytical	--	11/2009

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Lycopene 2 3	µg	0	--	0.000	0	0	--	--	--	2	Analytical or derived from analytical	--	11/2009
Lutein + zeaxanthin 3	µg	33	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	12/2002
Vitamin E (alpha-tocopherol) 2	mg	1.19	--	--	1.04	1.34	1.0	--	--	1	Analytical or derived from analytical	--	11/2009
Vitamin E, added	mg	0.00	--	--	--	--	--	--	--	--	Assumed zero	--	09/2004
Tocopherol, beta 2	mg	0.00	--	--	0	0	--	--	--	1	Analytical or derived from analytical	--	11/2009
Tocopherol, gamma 2	mg	0.04	--	--	0.04	0.04	--	--	--	1	Analytical or derived from analytical	--	11/2009
Tocopherol, delta 2	mg	0.00	--	--	0	0	--	--	--	1	Analytical or derived from analytical	--	11/2009
Vitamin D (D2 + D3)	µg	0.0	--	--	--	--	--	--	--	--	Assumed zero	--	11/2008
Vitamin D	IU	0	--	--	--	--	--	--	--	--	Assumed zero	--	02/2009
Vitamin K (phylloquinone) 2	µg	2.4	--	0.133	2.3	2.7	2.0	1.874	3.016	1	Analytical or derived from analytical	--	11/2009
Lipids													
Fatty acids, total saturated	g	0.013	--	--	--	--	--	--	--	--	Calculated or imputed	--	01/2010
4:0	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	09370	01/2010
6:0	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	09370	01/2010

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
8:0	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	09370	01/2010
10:0	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	09370	01/2010
12:0	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	09370	01/2010
14:0	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	09370	01/2010
16:0	g	0.013	--	--	--	--	--	--	--	--	Calculated or imputed	09370	01/2010
18:0	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	09370	01/2010
Fatty acids, total monounsaturated	g	0.047	--	--	--	--	--	--	--	--	Calculated or imputed	--	01/2010
16:1 undifferentiated	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	09370	01/2010
18:1 undifferentiated	g	0.047	--	--	--	--	--	--	--	--	Calculated or imputed	09370	01/2010
20:1	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	09370	01/2010
22:1 undifferentiated	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	09370	01/2010
Fatty acids, total polyunsaturated	g	0.066	--	--	--	--	--	--	--	--	Calculated or imputed	--	01/2010
18:2 undifferentiated	g	0.066	--	--	--	--	--	--	--	--	Calculated or imputed	09370	01/2010
18:3 undifferentiated	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	09370	01/2010
18:4	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	09370	01/2010
20:4 undifferentiated	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	09370	01/2010
20:5 n-3 (EPA)	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	09370	01/2010
22:5 n-3 (DPA)	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	09370	01/2010
22:6 n-3 (DHA)	g	0.000	--	--	--	--	--	--	--	--	Calculated or imputed	09370	01/2010

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Cholesterol	mg	0	--	--	--	--	--	--	--	--	Assumed zero	--	12/2009
Amino Acids													
Tryptophan ⁴	g	0.005	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/2009
Threonine ⁴	g	0.009	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/2009
Isoleucine ⁴	g	0.010	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/2009
Leucine ⁴	g	0.016	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/2009
Lysine ⁴	g	0.017	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/2009
Methionine ⁴	g	0.005	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/2009
Cystine ⁴	g	0.007	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/2009
Phenylalanine ⁴	g	0.011	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/2009
Tyrosine ⁴	g	0.008	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/2009

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Valine ⁴	g	0.012	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/2009
Arginine ⁴	g	0.010	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/2009
Histidine ⁴	g	0.007	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/2009
Alanine ⁴	g	0.016	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/2009
Aspartic acid ⁴	g	0.238	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/2009
Glutamic acid ⁴	g	0.032	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/2009
Glycine ⁴	g	0.012	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/2009
Proline ⁴	g	0.010	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/2009
Serine ⁴	g	0.018	--	--	--	--	--	--	--	--	Analytical or derived from analytical	--	11/2009
Other													
Alcohol, ethyl	g	0.0	--	--	--	--	--	--	--	--	Assumed zero	--	12/2009
Caffeine	mg	0	--	--	--	--	--	--	--	--	Assumed zero	--	12/2002

Nutrient	Unit	Value Per100 g	Data Points	Std. Error	Min	Max	df	LB	UB	# Studies	Source	NDB Ref	Last Modified
Theobromine	mg	0	--	--	--	--	--	--	--	--	Assumed zero	--	12/2002
Flavonoids													
Flavan-3-ols													
(+)-Catechin ¹²	mg	1.9	--	--	1.87	1.87	--	--	--	--	--	--	--
(-)Epigallocatechin ¹²	mg	0.0	--	--	0	0	--	--	--	--	--	--	--
(-)Epicatechin ¹²	mg	0.0	--	--	0	0	--	--	--	--	--	--	--
(-)Epicatechin 3-gallate ¹²	mg	0.0	--	--	0	0	--	--	--	--	--	--	--
(-)Epigallocatechin 3-gallate ¹²	mg	0.0	--	--	0	0	--	--	--	--	--	--	--
(+)-Gallocatechin ¹²	mg	0.0	--	--	0	0	--	--	--	--	--	--	--
Flavones													
Apigenin ¹³	mg	0.0	--	0	0	0	--	--	--	--	--	--	--
Luteolin ¹³	mg	0.0	--	0	0	0	--	--	--	--	--	--	--
Flavonols													
Kaempferol ¹³	mg	0.0	--	0	0	0	--	--	--	--	--	--	--
Myricetin ¹³	mg	0.0	--	0	0	0	--	--	--	--	--	--	--
Quercetin ¹³	mg	0.0	--	0	0	0	--	--	--	--	--	--	--
Proanthocyanidin													
Proanthocyanidin monomers ¹⁴	mg	0.6	--	--	0.52	0.72	--	--	--	--	--	--	--
Proanthocyanidin dimers ¹⁴	mg	1.8	--	--	1.76	1.88	--	--	--	--	--	--	--
Proanthocyanidin trimers ¹⁴	mg	0.0	--	--	0	0	--	--	--	--	--	--	--
Proanthocyanidin 4-6mers ¹⁴	mg	0.0	--	--	0	0	--	--	--	--	--	--	--
Proanthocyanidin 7-10mers ¹⁴	mg	0.0	--	--	0	0	--	--	--	--	--	--	--
Proanthocyanidin polymers (>10mers) ¹⁴	mg	0.0	--	--	0	0	--	--	--	--	--	--	--

Sources of Data¹T Philip, T S Chen Development of a method for the quantitative estimation of provitamin A carotenoids in some fruits., 1988 J. Food Science 53 pp.1703-1707²Nutrient Data Laboratory, ARS, USDA National Food and Nutrient Analysis Program Wave 6h, 2002 Beltsville MD³F Khachik, G R Beecher, W R Lusby Separation, identification and quantification of the major carotenoids in extracts of apricots, peaches, cantaloupe, and pink grapefruit by liquid chromatography, 1989 J Agric Food Chem 37 pp.1465-1473⁴Nutrient Data Laboratory, ARS, USDA National Food and Nutrient Analysis Program Wave 5m, 2001 Beltsville MD⁵Nutrient Data Laboratory, ARS, USDA Nutritional Evaluation of the Solid and Liquid Portion of Selected Canned Fruits and Vegetables, 1986 Beltsville MD⁶Robert Ophaug Fluoride, Unpublished - Ophaug, Microdiffusion⁷Stephen Adair, Dennis Leverett, Carol Shields Fluoride Content of School Lunches from Optimally Fluoridated and a Fluoride-Deficient Community, 1991 Journal of Food Composition and Analysis 4 pp.216-226⁸Donald Taves Dietary Intake of Fluoride Ashed (total fluoride) v. Unashed (inorganic fluoride) Analysis of Individual Foods, 1983 British Journal of Nutrition 49 pp.295-301⁹J.D.B. Featherstone, Carol Shields A Study of Fluoride Intake in New York State Residents, New York State Fluoride Analysis Contract - report date 12/1/1988¹⁰RD Jackson, EJ Brizendine, SA Kelly, R Hinesley, GK Stookey, AJ Dunipace The fluoride content of foods and beverages from negligibly and optimally fluoridated communities., 2002 Community Dental Oral Epidemiology 30 5 pp.382-391¹¹A. Kingman Unpublished data. NIDR/NIH, 1984, Unpublished data. NIDR/NIH, 1984.¹²Arts, I. C. W., van de Putte, B., and Hollman, P. C. H. Catechin content of foods commonly consumed in the Netherlands. 1. Fruits, vegetables, staple foods and processed foods., 2000 J. Agric. Food Chem. 48 pp.1746-1751¹³Hertog, M. G. L., Hollman, P. C. H., and Katan, M. B. Content of potentially anticarcinogenic flavonoids of 28 vegetables and fruits commonly consumed in The Netherlands., 1992 J. Agric. Food Chem. 40 pp.2379-2383¹⁴Gu, L., Kelm, M.A., Hammerstone, J.F., Beecher, G., Holden, J., Haytowitz, D., Gebhardt, S., and Prior, R.L. Concentrations of proanthocyanidins in common foods and estimations of normal consumption., 2004 J. Nutr. 134 pp.613-617